

# 2024 REFRESHMENT MENUS

# The Helix

## TEA / COFFEE BREAKS

TEA / COFFEE  
€2.65

TEA / COFFEE / BISCUITS  
€2.65

TEA / COFFEE  
MINI PASTRIES  
€3.95

## HEALTHY START

ORANGE JUICE  
FRESH FRUIT  
YOGHURT  
BREAKFAST BARS  
TEA / COFFEE  
€7.95

## SMOOTH START

SMOOTHIES  
FRUIT KEBABS  
MINI DANISH  
TEA / COFFEE  
€7.95

## AFTERNOON ASSIETTE

MINI CHOCOLATE  
PROFITIROLES  
MACAROONS  
ECLAIRS  
& VANILLA MILLE FEUILLE  
TEA / COFFEE  
€7.95

## SUGAR RUSH

SELECTION OF  
CUP CAKES & MUFFINS  
TEA / COFFEE  
€6.95

## SINGLE TREATS

ICE CREAMS  
€2.25  
CRUNCHIES  
€1  
KIT KATS  
€1

SOFT DRINKS  
€2  
FRUIT PIECES  
€1

PLEASE NOTE THAT THE ABOVE RATES ARE EXCLUSIVE OF VAT WHICH IS CHARGED AT 13.5%

# 2024 LUNCH OPTIONS

The  
Helix

**SELECTION OF SANDWICHES & WRAPS**

**TEA / COFFEE**

**€8.95**

**NETWORKING SOUP & SELECTION OF SANDWICHES\***

**TEA / COFFEE**

**€11.95**

**PACKED LUNCH BAGS**

**WATER, SANDWICH, CRISPS, BAR & FRUIT**

**€9.95**

**BUFFET LUNCH**

**SEE ADDITIONAL MENUS**

**PRICES FROM €16.95**

**WATER**

**REFRIGERATED BOTTLED WATER THROUGHOUT THE FOYER**

**€1.50 PER BOTTLE**

**DRUMS OF WATER THROUGHOUT THE FOYER**

**€25 PER UNIT AND €20 PER DRUM IF USING MORE THAN 3**

ITEMS CAN BE CHANGED TO SUIT CLIENT PREFERENCES.

ALL DIETARY REQUIREMENTS CAN BE CATERED FOR ONCE ADVISED PRIOR TO CONFERENCE OR EVENT.

BREAKS CAN BE SERVED OUTSIDE IN OUR FOYER AREA OR INSIDE YOUR OWN MEETING ROOM.

SOME OF OUR DISHES MAY CONTAIN NUTS OR NUT TRACES.

FINAL NUMBERS TO BE ADVISED 72 HOURS PRIOR TO CONFERENCE OR EVENT.

MINIMUM NUMBERS MAY APPLY TO CERTAIN MENU OPTIONS

HALAL & ALTERNATIVE OPTIONS ARE AVAILABLE UPON REQUEST AND WILL BE CHARGED ACCORDINGLY.

ALL PRICES ARE PER PERSON & EXCLUSIVE OF VAT. VAT IS CHARGED AT 13.5% . ALL CONFECTIONARY IS CHARGED AT 23% .

WE DO NOT CHARGE SERVICE CHARGE.